

AUSTIN ANDERSON HIGH SCHOOL

**2012 – 2013 EXTRACURRICULAR CODE OF CONDUCT
ATHLETIC HANDBOOK**

Acknowledgment that the
AUSTIN ANDERSON HIGH SCHOOL ATHLETIC HANDBOOK
has been read and that the athlete and his/her parent(s) and/or guardian
understand its contents and will follow all the rules therein.

Student's Name: _____

Student's Signature: _____

Parent's and/or Guardian's Signature: _____

Sport/Sports: _____

Date: _____

PLEASE RETURN THIS PAGE TO YOUR HEAD COACH.

AUSTIN ANDERSON HIGH SCHOOL

I. EXTRACURRICULAR CODE OF CONDUCT

POLICY STATEMENT

The policy of this code is to establish regulations and procedures to deal with violations, which occur on or off school grounds during the school year, during times when extracurricular activities are scheduled during the summer, and throughout the entire calendar year to deal with extracurricular participants who commit serious criminal law violations. The code is designed to discourage inappropriate behaviors, encourage extracurricular students to make choices that ensure their health and safety, and provide appropriate consequences for students who violate the code.

GUIDELINES FOR ASSESSING DISCIPLINARY CONSEQUENCES

Students participating in extracurricular activities shall be subject to the jurisdiction of, and shall comply with, the Austin I.S.D. Conduct Code during the school year, and, if applicable, during all other times the student's school-sponsored extracurricular activities take place. In addition, students participating in extracurricular activities shall be subject to the jurisdiction of the Anderson High School Extracurricular Code at all times and places during the school year and at all times and places throughout the calendar year for Level III offenses. Extracurricular organization will operate within the parameters of a constitution or written participation guidelines that sponsors or coaches of the individual extracurricular organizations will adopt for participation in those activities. The principal will review and approve annually all constitutions or participation guidelines for individual extracurricular organizations. Nothing in the Extracurricular Code limits or otherwise restricts the authority of the coach, sponsor, or appropriate administrator to limit or restrict participation, or assign consequences for offenses not included in this Code.

LEVEL I OFFENSES:

1. Any possession or use of tobacco products
2. Minor theft (under \$50)

LEVEL I CONSEQUENCES:

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| First Offense: | one week suspension from all extracurricular activities and run one mile per day for one school week at the pace determined by the coach (practice permitted) |
| Second Offense: | three week suspension from all extracurricular activities and run two miles per day for one school week at the pace determined by the coach (practice permitted) |
| Third Offense: | removal from all extracurricular activities for twelve weeks or the remainder of the school year |

LEVEL II OFFENSES:

1. The sale, gift, delivery, possession, (MIP) use, or being under the influence of marijuana, any controlled substance, any dangerous drug or alcohol.
2. Committing a serious act or offense, as defined in the Austin I.S.D. Conduct Code, while under the influence of alcohol, marijuana, a controlled substance or any dangerous drug.
3. Conduct that constitutes an offense relating to, abusable glue, aerosol paint, or volatile chemicals.
4. Illegally possessing, or using, drug paraphernalia.
5. Robbery or theft

LEVEL II CONSEQUENCES:

First Offense: three week suspension from all extracurricular activities, 30 hours of community service, and run three miles per day for two school weeks at the pace determined by the coach (practice permitted)

Second Offense: twelve weeks suspension or the remainder of the school year, 100 hours of community service, attend drug and alcohol classes, and run five miles per day for two school weeks at the pace determined by the coach (practice by coach/sponsor discretion)

Third Offense: removal from all extracurricular activities for one calendar year

LEVEL III OFFENSES:

Committing a serious act punishable as a class A misdemeanor or a felony at any time during the calendar year. (Reinstatement only by Appeal Process)

LEVEL III CONSEQUENCES

First Offense: removal from extracurricular activities for a minimum of 18 weeks to 1 year

APPEAL PROCESS

Students have the right to appeal disciplinary action that results in dismissal from athletics/activities. The appeal must be conducted with the parents or guardians of the participant before the Appeals Committee. This committee will consist of the Athletic Director, Head Coach/Sponsor, Principal or principal designee. If the appeal results in reinstatement to the team/activity, guidelines will be established for the participant's return.

ADDITIONAL EXPECTATIONS

Any extracurricular participant suspended from school or assigned to the Alternative Learning Center (ALC) will be ineligible to practice, attend, or participate in any extracurricular activity during the term of the suspension. When the participant returns to school he/she remains suspended from all activities and practice until the Appeal Process is completed.

II. ATHLETIC DEPARTMENT POLICIES

Discipline will be consistent with the philosophy of the Austin Independent School District. Any athlete who cannot abide by the rules will be dismissed from participation. Any athletic dismissal must be approved by the Athletic Director of AISD.

1. Profanity will not be allowed. First offense will result in disciplinary action. Habitual offenses may result in suspension.
2. Conduct – Those who have preceded you have given a great deal of class and pride to our program. Don't do anything to take away from this. We are noted for our clean, tough, competitive play. Praise the opponents and play beyond your ability. We expect you to conduct yourselves as a lady/gentleman at all times. This means that you are to follow school rules and procedures while attending classes. You are expected to act properly in class, giving your teachers and administrators courtesy and respect. We know that each of you do not have the same abilities, but we expect each of you to perform to the best of your ability. Failure to adhere to the above code of conduct will result in a conference and possible disciplinary action.
3. Attendance – Do not cut class. Don't be tardy. If you are absent, call one of the coaches before class time. If you fail to call, you could be assigned O.F.I.'s. You will be required to make up work missed while you were absent.
4. If you miss practice, call or tell one of the coaches. Call the front office (414-2538) and ask to be connected to your coach.

5. Injury or illness – We have a certified trainer. If you have an injury, see Coach Allen (841-1574). He will either treat the injury or refer you to a physician. If you must leave school because of illness, check with the trainer first. If you are ill or injured, we don't expect you to work out, but if you are in school, we expect you to dress out and accompany your group or team during practice unless given special permission by the head coach.
6. Respect for Coaches – Coaches should receive “Yes Maam/Sir” or “No Maam/Sir” responses from players when talking to them. Players in return will be treated with respect by their coaches. Whenever a coach is speaking to you, either individually or as a group, you will give her/him your undivided attention and always establish eye contact.
7. Promptness – Always be on time. On trips, the bus will not wait. You do not have time to waste. Tardiness will result in disciplinary action.
8. Appearance – For safety reasons and to attain a good team appearance, earrings will not be allowed in the gym or the field house, on trips, etc.
9. Care of Equipment and Facilities – You are to hang your equipment in your locker. You are to clean your equipment weekly. Do not track mud and dirt into our dressing rooms. Take off cleat shoes before entering the dressing area. Lock all your personal belongings in your locker. Clean up and around your locker every day. Failure to adhere to these rules will result in O.F.I.'s.
10. Quitting – If at any time an athlete quits or is dismissed from athletics in or out of season, she/he gives up the all rights to any honors which she/he has earned but has not yet received.
 - A. She/He must bring a note from her/his parents stating that they are aware of her/his intention to quit and its implication.
 - B. She/He forfeits her/his right to participate in that sport or any other sport until the current season is over.

O.F.I.'s – Opportunity for Improvement – Drills to alert player's awareness of the importance and ramifications of team rules. Designed to be strong reminders of what we expect of our athletes and at the same time, build strength, endurance, and pride.

- Examples:
1. Laps around the track
 2. Sprints
 3. Gassers
 4. Horses
 5. Air Raids

III. 2012-2013 AUSTIN INDEPENDENT SCHOOL DISTRICT ELIGIBILITY SCHEDULE

DATE OF GRADE CHECK	DATE ELIGIBILITY IS LOST / GAINED	STUDENT ELIGIBILITY STATUS
October 5, 2012	October 12, 2012	Ineligible students become eligible, if passing all classes at the end of the 1st six-weeks grading period. Students not passing at the end of the 1st six-weeks grading period become ineligible.
October 26, 2012	November 2, 2012	Ineligible students become eligible, if passing all classes at the end of the 3 week evaluation period. Students who were passing at the end of the 1st six-weeks grading period remain eligible.
November 9, 2012	November 16, 2012	Ineligible students become eligible, if passing all classes at the end of the 2nd six-weeks grading period. Students not passing at the end of the 2nd six-weeks grading period become ineligible.
December 3, 2012	December 10, 2012	Ineligible students become eligible, if passing all classes at the end of the 3 week evaluation period. Students who were passing at the end of the 2nd six-weeks grading period remain eligible.
December 20, 2012	January 14, 2013	Ineligible students become eligible, if passing all classes at the end of the 3rd six-weeks grading period. Students not passing at the end of the 3rd six-weeks grading period become ineligible. (See Holiday Rule)
January 25, 2013	February 1, 2013	Ineligible students become eligible, if passing all classes at the end of the 3 week evaluation period. Students who were passing at the end of the 3rd six-weeks grading period remain eligible.
February 22, 2013	March 1, 2013	Ineligible students become eligible, if passing all classes at the end of the 4th six-weeks grading period. Students not passing at the end of the 4th six-weeks grading period become ineligible.
March 22, 2013	March 29, 2013	Ineligible students become eligible, if passing all classes at the end of the 3 week evaluation period. Students who were passing at the end of the 4th six-weeks grading period remain eligible. (See Holiday Rule)
April 19, 2013	April 26, 2013	Ineligible students become eligible, if passing all classes at the end of the 5th six-weeks grading period. Students not passing at the end of the 5th six-weeks grading period become ineligible.
May 10, 2013	May 17, 2013	Ineligible students become eligible, if passing all classes at the end of the 3 week evaluation period. Students who were passing at the end of the 5th six-weeks grading period remain eligible.
	1st 6-wks ELIGIBILITY GRACE PERIOD HOLIDAY RULE	Eligibility for students during the 1st 6-weeks - see page 3 of the TEA/UII Side By Side All Grading and Evaluation periods are followed by a 7 day grace period which ends at the end of the school day. All Students are eligible during a school holiday of a full calendar week or more.

IV. ELIGIBILITY

Eligibility for all students must be checked according to U.I.L. rules, and eligibility lists for ALL sports must be kept on file in the principal's office. Head coaches in all sports will be held responsible for checking these requirements and adhering to them.

To be eligible for any University Interscholastic League activity:

1. The athlete must be an undergraduate in high school. No college courses may be used as credit.
2. The athlete must pass ALL subjects at the end of each grading period in order to participate the following six weeks. (Under approved conditions, courses clarified advanced, honors, and/or gifted may receive a waiver for grades below 70 from the principal.) Her/His guideline does not apply to the start of each school year.
3. Athletic participation in the 1st six weeks of the new school year is determined by the total number of credits earned the previous year.

Grades 7, 8, and 9: Student must have been promoted from the previous grade.

Grade 10: A student is classified as a sophomore after completing at least five (5) accumulated credits.*

Grade 11: A student is classified as a junior after completing at least ten (10) accumulated credits or five credits during the previous 12 months.*

Grade 12: A student is classified as a senior after completing fifteen (15) accumulated credits or five credits during the previous 12 months.*

* All credits must count toward state graduation requirements.

Grace Period – All grading and evaluation periods are followed by a 7 day grace period which ends at the end of the school day.

Holiday Rule – All students are eligible during a school holiday of a full calendar week or more.

V. LOCKER ROOM AND EQUIPMENT

Since you will be spending a great deal of time in the locker room, we expect you to keep this facility as neat and sanitary as possible.

We want you to take great pride in this facility. We expect each member of our team to adhere to the following locker room guidelines.

1. Hang all equipment in you locker room in the proper place. Lock up after practice.

2. Keep all your valuables locked up. Your locker provides a lock for your convenience in storing valuables. Your possessions cannot be stolen if they are locked up.
3. Do not throw tape on the floors. Trash receptacles are in our locker room for this purpose.
4. Keep the floors neat and clean.
5. Do not leave cups or bottles in the lockers or on the floors.
6. Do not leave towels on the floor. Put in cart.
7. Absolutely no horse play in the locker room.
8. Do not bring visitors into the locker room without permission from a coach.
9. Remove muddy shoes before entering the locker room area.
10. We expect each member of our team to adhere to the following rules.

Equipment Guidelines:

1. Wear all equipment issued unless the practice schedule calls for less.
2. Wear only equipment issued unless approved.
3. Do not put tape on the outside of game uniform,
4. Do not cut jerseys unless given permission.
5. Do not take any equipment from the locker room. Especially shoes. They are to be worn during the workouts and games only.
6. You are responsible for all equipment checked out in your name.

VI. WEIGHT ROOM RULES

1. Shirt, shoes, and shorts are required in the weight room whenever you are using the equipment, workout clothes only.
2. Have a spotter present doing heavy free bar exercises.
3. Do not move equipment from its designated area.
4. All weights have a rack where they are to be kept; put them back on this rack in the proper order.
5. No horseplay of any kind.
6. No earrings are allowed.
7. No food or drinks are allowed.
8. Weight room equipment must stay in the weight room at all times.
9. Keep feet off the walls at all times.

VII. INJURIES

We must distinguish between pain and injury. A young woman/man who is injured and cannot practice will be under the direction of the trainer. In RARE EVENT that you are injured, remember the following:

1. Tell the coach you are injured before leaving the field/court to see the trainer.
2. Report all injuries to the trainer and follow the instructions to the letter.
3. All treatment is to take place at the time the trainer designates.

4. All injuries require treatment every day. You will get treatment every day until you are cleared by a trainer.
5. No one is expected to miss practice without the trainer's permission.
6. All meetings must be attended.
7. No matter how big or small the injury, get treatment.
8. Wear all pads issued for your sport.
9. Wear only issued equipment.
10. During the early hot practices, anyone who becomes sick, nauseated, dizzy, and/or very hot should notify the coach and then the trainer immediately. A player knows better than anyone else if he/she is becoming overheated.
11. You don't win championships with healthy kids... You win championships with athletes who endure pain and play with adversity.

VIII. TEAM TRAVEL

On all of our team travel, we will attempt to make it a memorable and educational experience. However, we must constantly keep in mind that our primary purpose is to win the game. We will attempt to have as good a time as possible, but we must get ourselves ready mentally to play as well as we possible can.

Remember the following whenever traveling:

1. Check and pack all your gear. You are responsible for this.
2. Be prompt. If you are late, you will be left.
3. Dress as coaches have instructed you to.
4. No hats unless team issued.
5. No loud or boisterous conduct on the trip. Remember why we are here.
6. Everyone will return with the team. Very few exceptions will be made.

ANY INFRACTIONS NOT COVERED IN THE HANDBOOK ARE SUBJECT TO PENALTY BY THE HEAD COACH.